



Sligo Yacht Club

Role & Responsibility of Shore Parent

In keeping with the family ethos of the club, we ask parents to play their part in the safe running of our sailing activities. To this end, each child attending our sailing activities will have a parent (or grandparent or other suitable adult) rostered for duty as "Shore Parent".

This is an essential safety role and does not require you to go on the water. A thorough briefing will be provided for all parents.

This parent will have the first aid bag & folder containing contact details for all children. They will provide support if a child gets injured or cannot continue with training/sailing for any reason.

Parents on duty are required to sign in when on duty. The Shore Parent Sign In sheet will be on a clipboard in the committee room.

On arrival at club :

- Collect Junior Sailor Sign in Sheet, VHF and First Aid Kit and Hi-Vis Vest from Committee Room.
- All children must check in with the Shore Parent and sign the Junior Sailors Sign In sheet on arrival at the club. If a child is late, ensure they check in with their Shore Parent before going to the dinghy park.
- If conditions require the training session/racing/sailing to be cancelled or times to be changed, we will send out notice on our 'Whats app' group and put a notice on our facebook page. Please check weekly to ensure that sailing has not been cancelled or there has been change to training time.
- Ensure the water has been put on for showers for when the sailors come in.



On Slipway:

- Ensure sailors are dressed appropriately to include Kag, buoyancy aid and booties. A wetsuit is mandatory. Hats and sunscreen are advisable: in spring the water is very cold, in summer the UV rays and reflection from the water can cause skin damage. **A Buoyancy Aid must be worn at all times by any Junior that is on the slipway.**
- Dinghies should be turned head to wind for rigging
- Rudders should be attached to the transom (and tied on for Picos) before the mainsail is hoisted and before the boat is put in the water.
- Check for bungs, painters, paddle and bailer on each boat.
- Attend launch of dinghies at the slip and ensure all dinghies get out past Deadmans Point and out into the bay.
- ABOVE ALL- Ensure all sailors happy to go afloat before leaving the slipway. Congratulate wisdom where consideration of limitations results in staying ashore.
- The Shore Parent should only allow sailors to launch with permission from the PRO and Safety Crews.
- Remind all sailors to launch on time to ensure they have cover of rescue boat in the channel, as once the RIBS leave the channel to go to the bay they will not be returning, therefore the sailors may not get to launch.

After Launch:

- Lock the Downstairs West door (changing rooms) while all sailors are on the water.
- Keep a close eye on the junior boats while in the bay to ensure all stay within the sailing zone. Radio RIBs if any wander off.

Recovery:

- As boats finish racing and return towards the harbour area, the Race Officer should inform the Shore Parent and instruct a safety boat to standby near the slipway to oversee recovery.
- If a trolley remains in the dinghy park, notify the PRO and Safety Crews immediately to ascertain the whereabouts and identification of the sailors. The sign in book will also assist here if an answer is not immediately apparent.

**Derigging:**

- Ensure all boats are derigged promptly and all equipment is carefully put away.
- Encourage sailors to get changed quickly to avoid them getting too cold.
- Ensure all sailors that went out on the water are safely back on land.

Close of day:

- Check both changing rooms, that they have been left tidy.
- Ensure that water is off.
- Replace VHF, First Aid Kit, Hi-Vis Vest and Sign In sheets to Committee Room.
- Once the junior sailors are safely ashore, they are no longer under the supervision of the Shore Parent. If they decide to go to the Pool for Pier Jumping, that decision rests with them.